

Palliative Medicine: Outline

(Code: 4827, 1st – 2nd year, 1 unit)
(Course ID: GS-c4827-L)

1. Instructors

| Name | Position | Department | Contact Information |
|---------------|---------------------------------|-----------------------------|------------------------|
| MORI Takehiko | Chief Instructor / Professor | Department of Hematology | mori.hema@tmd.ac.jp |
| OKADA Takuya | Associate Professor | Gastrointestinal Surgery | t-okada.srg1@tmd.ac.jp |

2. Classroom/Lab Lecture Location

On-demand: on WebClass.

The report assignments will be informed by e-mail.

3. Course Purpose and Outline

[Course Purpose]

Palliative medicine in Japan was originally focused on terminally ill cancer patients with pain. However, the notion surrounding it has changed as it has also been indicated in the early course of cancer treatment. This course provides an overview toward a general understanding of palliative medicine. The aim is to acquire an understanding of patients' quality of life, assess patients' overall profiles and to learn communication skills when addressing patients and their families.

[Outline]

Provide an outline on the philosophy, aim, significance and current situation of palliative care. In addition, the following will be explained: hospice, palliative care in the palliative care unit and home palliative care according to actual clinical experience. Lectures will be given on the basic quality of life scales in palliative medicine, including descriptions and applied of quality of life measures to assess total pain, and communication with patients and their families.

4. Course Objectives

Learn the actual practice of palliative medicine and apply it to actual clinical practice and research.

5. Format

The subject consists of lectures and report assignments.

All programs are conducted in an omnibus format.

6. Course Details

| No. | Topics |
|-----|---|
| 1 | Introduction to palliative medicine |
| 2 | Approach to physical symptoms in home healthcare |
| 3 | Respiratory symptom management and end-of-life care for cancer patients |
| 4 | Specialized Palliative Medicine in Practice in palliative care unit |
| 5 | Understanding and Responding to the Distress of Cancer Patients' Families and bereaved family |
| 6 | Responding to delirium |
| 7 | Psychiatric Issues at the End of Life |
| 8 | Overview of psycho-oncology |

7. Assessment

The assessment will be by the report assignments.

8. Prerequisite Reading

None.

9. Reference Materials

Oxford Textbook Of Palliative Medicine 5th edition (Cherny and Fallon, Oxford Textbook of Palliative Medicine): 2015

10. Language Used

All classes are conducted in English.

11. Office Hours

Mon – Fri: 9:00 AM – 17:00 PM

Contact: OKADA Takuya, Gastrointestinal Surgery

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Please contact the instructor regarding questions or consultations.

12. Note(s) to Students

The goal is to acquire knowledge that can be immediately put into practice.